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**Title:** Executive Director and co-partner at Praxis Physical Therapy P.C. **Education**: Bachelor's degree in physical therapy from New York University, U.S.A.; Master's degree in Orthopedics and Sports Physical Therapy, Long Island University, U.S.A.; Ph.D. candidate; School of Health Sciences, University of West Attica. Positions: Part-time faculty New York University Physical Therapy Program; Beth Israel Medical Center, New York, NY; Executive Director Hands-On Physical Therapy P.C. New York, NY; Athens 2004 Olympic Games Operations Manager Medical Services: Scientific consultant SCA TENA: f. Head Physio Psychiko Men's Basketball team. Appointments: Europa Donna Hellas Vice President since 2009; f. President of the Attica Chapter-Panhellenic Physiotherapists' Association (PPTA); f. member of the General Assembly of Representatives PPTA: Vice-President of the Scientific Council PPTA; f. Chairperson Sports Physio Section Committee PPTA; f. Vice-President of the Private Physical Therapy Practitioners' Association and President of the Annual Scientific Conference of Physiotherapy for PPTA (2014). Presentations: Over 100 presentations at local, national, and international conferences in multiple areas of practice (management of patients/clients with breast cancer/lymphedema, treating the female athlete, sports injuries, dance injuries and management of pelvic floor dysfunctions) education, policy, and leadership. **Professional practice:** Twenty-nine years of physical therapy clinical practice specializing in foot analysis, and orthotic fabrication, musculoskeletal management of sports injuries and Women's Health with major emphasis on the role of science-based exercise prescription. **Certifications:** Orthotic Biomechanical Assessment and Clinical Reasoning, Pelvic Obstetrics & Gynecology Practice (POGP) Physiotherapy Assessment and Management of Female Urinary Dysfunction, Certified Acupuncture Expert; Exercise Expert for Aging Adults; Sports Physio/Manual Therapist; Tupler Technique Treatment for Diastasis Recti; Lymphedema Management. Volunteer services: Race for the Cure runs and walkathons; staff physio at New York City Marathon; MS Society Walkathons; Mission Head Beach Volleyball National Team-Deaf Olympics 2011; Coordinator Physical Therapy Volunteers PPTA for Athens Marathon the Authentic 2015-2017.